

THE STAFFORD ROTARY HIGHLIGHTER

February 9, 2022



Rotary
Club of Stafford

People of Action



THIS WEEK'S PROGRAM:

Special Guests will be Ted Schuble, News Director and J Smith, Marketing Director - Radio Station B101.5 - to thank them for their continued support of our club special events, most recently Via Colori and our Polio Proclamation by Stafford Board of Supervisors and Governor Ralph Northam.



Our speaker will be Michael Arietti, District 7610 Paul Harris Society Chairman. Michael is a member of the McLean Rotary Club. He will present Paul Harris Society Recognitions and give an overview of The Rotary Foundation with a focus on The Paul Harris Society.

The Reverend Joshua Cole is to be inducted as Stafford's newest Rotarian. He is a former Member of the Virginia House of Delegates, representing District 28 and now serves as Assistant Pastor, Union Bell Baptist Church. Joshua has served on Stafford County Public Schools Superintendent's Equity, Diversity and Opportunity Committee. He is a member of the Greater Fredericksburg Area Interfaith Council and the former President of the Stafford County NAACP. Joshua's classification will be "Clergy" and he looks forward to continuing his work for the families, children and those less fortunate here at home and around the world.

Club Calendar...

February

- 2/9/22 – Michael Arietti, District 7610 Paul Harris Society - New PHS members
- 2/16/22 – Stewart Emmenheiser's mom will share a presentation on fundraising.
- 2/23/22- Club Social at 5 pm – Location to be determined.





President Jake with Heather Muir and Veronica Gutierrez from Gwyneth's Gift.



GWYNETH'S
GIFT

Club Meeting - February 2, 2022

President Jake presided and welcomed guest Rotarians. President Jake discussed the problem of declining membership numbers, both at the club and district levels. He announced that the board voted to support the Walter Hughes Water project with a grant of \$2,500 which will be doubled with District Designated Funds.

The project this year plans to dig 30 new bore holes and install 92 flush toilets in schools in the Ashanti region of Ghana. (Here's a link to one of many articles on this project <https://www.dallasrotary.org/Speakers/a1cfb5f4-3dc1-4614-8529-6b971dffb605>). Our club has also sent \$1,000 to ShelterBox.

Leigh Anne announced that the club has given \$2,500 to TRF's Polio Eradication Fund. She reminded us all that since the pandemic began we have not held any extensive fundraising and have been drawing from the club foundation funds. We need to think of ways to raise funds for our projects. She reminded everyone of the cooking for the Brisben Center on Saturday, February 5.

President Jake introduced our guest speaker Heather Muir from Gwyneth's Gift, with a story of a friend's survival of a sudden heart attack because a stranger knew how to find and use a defibrillator. Gwyneth's Gift is a non-profit that places ADD machines in public places and trains as many people as possible in CPR.

Heather talked about Gwyneth's Law. Passed in 2013, this legislation required that all high school students in Virginia be trained in CPR before they graduate. The bills also require all teachers in Virginia to be trained in this life-saving skill as a condition of their licensure. The legislation was named for 13-year old Gwyneth Griffin, who died in July 2012 after suffering a cardiac arrest at school. Her parents, Joel and Jennifer Griffin, were tireless advocates and worked side-by-side with AHA staff to advance this legislation. Knowing that CPR could have saved her life, the Griffins made it their mission to empower Virginians to save lives for generations to come. Gwyneth's Law has added approximately 80,000 CPR trained rescuers across Virginia every year since 2016.

There was a lively Q&A session after Heather's presentation:

- The cost of an ADD? About \$1,500
- Is there a machine at Riverside? Unknown. We need to know this.
- Cost to train people in CPR? About \$15 per person. The foundation maintains 60 mannequins. They also distribute "Teach Others" kits. Our club had CPR training several years ago. It's time to repeat this.
- Fundraising events? April 9 - Mom Prom; Other events include Whiskey Business in September and the October Golf Tournament.

Happy Cup Quote

After Mike said how much he enjoyed the club social at Park Lane, PDG George repeated a Rotary saying, "When you're not here we miss your fellowship, and when we're not here we hope you miss our fellowship."

February 5: Preparing Dinner at the Thurman Brisben Center





Our club members Jake, Donna, Michael, Molly, Jack and Leigh Ann were joined by UMW Rotaract members: Samantha Mitzel, Cameron Gormer, Shane Alexander, Nicole Fortner and her Mom. Holly came and played her dulcimer and let the children spend time with Kenny.

The cooking team served steamed shrimp, mixed veggies, green beans and corn, salad, Italian bread and an assortment of homemade cakes and pies, donated by Keri Nelson, a friend and VP at 5Guys, who also helped us in the meal planning.

We also took packages of valentines for the children to give their friends/family and donated suitcases for those who could perhaps use them.

Great project!

